



# Connected in Christ: Twelve Steps for the Rest of Us

*Praying doesn't change  
God, praying changes us*

The  
Rev. Tom Scornavacchi

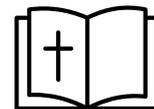


If God already knows what we need, why must we pray to have our shortcomings removed. Maybe we think if we pray hard enough, we can make God do what we want.

God is not like a vending machine where we send up our prayers and God dispenses what we want. Praying doesn't change God, praying changes us.

*Step Seven*

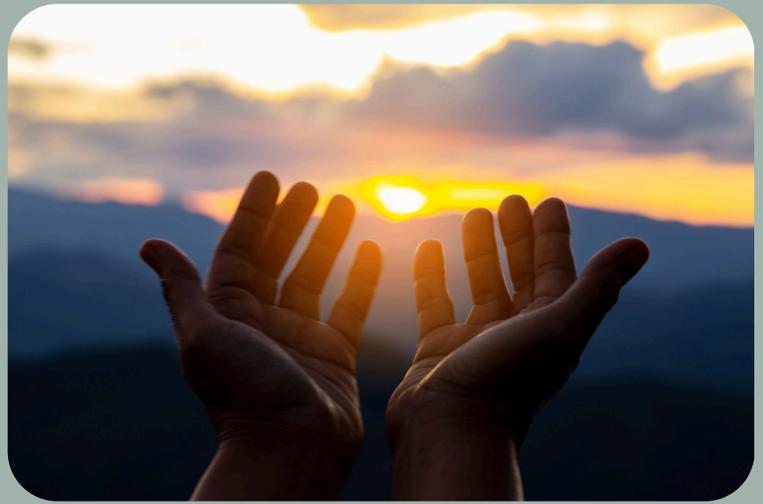
**We humbly asked God to remove  
our shortcomings.**



*“The world is full of so-called prayer warriors who are prayer-ignorant. They’re full of formulas and programs and advice, peddling techniques for getting what you want from God. Don’t fall for that nonsense. This is your Father you are dealing with, and he knows better than you what you need. (Matthew 6:7-8 The Message)*

## Reflection:

A key to step 7 is humility. We must let go of any pretense that we are owed anything. We are not promised that God will give us what we pray for, but our relationship with God will guide us in the right path.



## Reflection Questions

- Are you still trying to control every aspect of your life?
- In what ways is God already changing your life?
- How would your life be different if I asked God for help to live a life without these? (We asked this same question in step 6)

