



The 5th Annual Bike-A-Thon for World Hunger is coming!

*** (Don't keep it a secret!) ***

Saturday, May 21st, 2016, from 9am - 1pm

at the Bob Rodale Cycling & Fitness Park in Trexlertown

What is the Bike-A-Thon for World Hunger? (Thanks for asking 😊.)

- It's an annual event sponsored by the Northeastern PA Synod to raise \$ for the ELCA World Hunger Appeal. (Saving lives ... *that's* certainly "appealing"!)

- It's also an opportunity to join with other people of faith for a day to tangibly do something to care for the nearly 1 1/2 billion people in our world who do not receive their fair share of "daily bread".

- By getting sponsors, you raise money to send to the ELCA World Hunger Appeal = easy peasy!

- You can participate by riding a bike ... walking ... jogging ... rollerblading ... "scootering" ... or *whatever* way you are mobile. Dogs are allowed, too (just pick up after them), and children are most welcome as well (same rule applies — wink!). There also is a great "tot lot" for younger kids to enjoy.

Registration begins at 8:30am under the Picnic Pavilion. (Look for the Bishop to direct the way.) Parking is provided on-site. The event officially begins at 9am with an opening prayer by Bishop Zeiser.

Please note ... every participant MUST have an individual registration form and signed release in order to participate. Those under 18 years must have a parent/guardian signature. —————→

More important stuff to know ...

Sponsorship contributions should be collected and given to your church treasurer and a single check made out to Northeastern PA Synod with “Bike for World Hunger” clearly marked in the memo line. This will help the synod track your congregation’s giving to World Hunger and reduce security risks.

The park requires helmets to be worn by all cyclists and rollerbladers! We want all participants to be safe.

“Like” our page on FaceBook! Check us out at NEPS Bike for World Hunger. Pictures will be updated after the current event. To find out more about the beautiful Bob Rodale Cycling and Fitness Park, go to the following link:

<http://www.lehighcounty.org/departments/parksandrecreation/rodalepark/tabid/451/default.aspx>



A quick checklist of things you need to know or do:

- Tell others in your congregation about the event and encourage their financial sponsorship support and/or participation
- Make copies of sponsorship & waiver forms for each participant
 - Bring filled water bottles & lunch with you. Sunscreen, too!
- Invite others to come ... anyone who wants to participate or cheer you on!
(Pssst ... they don't have to be Lutheran.)
 - Helmets, helmets, helmets for all bikers & rollerbladers
- Bring a signed waiver for every participant to turn in during registration
 - Most importantly, HAVE FUN!!!

